## sleeping environment and bed

## rating

tested hotel room	room number 33 with a beautiful valley view
overall assessment	my overall impression of the sleep quality of the hotel room was good, I can recommend it. Particularly noteworthy is the tranquility of the hotel in a secluded location and the beautiful wellness area
room temperature air conditioning available	no, my visit to this hotel was in June. It is possible to open the balcony door of the room completely, which is always very helpful for airing or cooling. In summer, the east-facing room is good because the large floor-to-ceiling casement window allows for good room ventilation
silence in the room - soundproofing	
noise of mini-bar fridge	the minibar fridge was acoustically hardly audible not disturbingly noticeable
air conditioning noises	no air conditioning available
soundproofing regarding street noise, television, noises from neighboring rooms etc.	the soundproofing of the room is good. Noises from the neighboring room were not noticeable during my stay. The secluded location of the hotel is almost a guarantee for rest and relaxation.
possibility of darkening the room	
darkening Quality  the room can be almost completely darkened	the hotel room can be darkened with a blackout curtain. However, the curtain does not completely black out.

mattress properties	
mattress firmness	felt medium firm to firmer mattress. With a softer pad (topper), which you can order from the front desk, the mattress was softer. Luckily we didn't have a single duvet like you often find on double beds in hotels, but 2 single duvets.  The king size bed has a length of 200 meters and a width of 180 cm.
there is an opportunity for improvement with a topper (this makes the mattress a little softer)	yes
pillows	
pillow menu	small pillow program available
what types of pillows?	another neck pillow with a synthetic filling measuring $80 \times 40$ cm can be ordered from the pillow range. On the bed there is already a normal pillow measuring approx. $60 \times 80$ cm, also with a synthetic filling, and another small pillow measuring $30 \times 30$ cm.